



**SOUTH EAST PARKOUR
CHAMPIONSHIPS
@ XCEL 360 SPORTS
CENTER**



**SATURDAY, FEB. 1st SCHEDULE
YOUTH EVENTS**

- 12:30pm - 12:45pm -- Check in and Warm Ups
- 12:45pm - 2:15pm -- Freestyle Explanation & Competition
- 2:15pm - 2:45pm -- Tie Breakers & Freestyle Awards

- 2:45pm - 4:00pm -- Explanation of Speed & Competition
- 4:00pm - 4:15pm -- Tie Breakers & Speed Awards

- 4:15pm - 5:30pm -- Explanation of Skills & Competition
- 5:30pm - 5:45pm -- Tie Breakers & Skills awards

- 6:00pm - 7:00pm -- Open Gym Jam & Clean Up

*The above schedule is an estimate of times. Competition will depend on how many athletes are registered.



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**SUNDAY, FEB. 2nd SCHEDULE
TEEN/ADULT EVENTS**

- 9:30am - 9:45am -- Check in and Warm Ups
- 9:45am - 11:15am -- Freestyle Explanation & Competition
- 11:15am - 11:30am -- Tie Breakers & Freestyle Awards

- 11:30am - 12:30pm -- Explanation of Speed & Competition
- 12:30pm - 12:45pm -- Tie Breakers & Speed Awards

- 12:45pm - 2:15pm -- Explanation of Skills & Competition
- 2:15pm - 2:30pm -- Tie Breakers and Skills Awards

- 2:30pm - 3:30pm -- Open Gym Jam / Clean Up

*The above schedule is an estimate of times. Competition will depend on how many athletes are registered.

EARLY BIRD PRICING FOR XCEL 360
ENDS JAN. 26th

**Address & Directions: [1023 Gunn Hwy, Odessa,
FL 33556](#)**

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